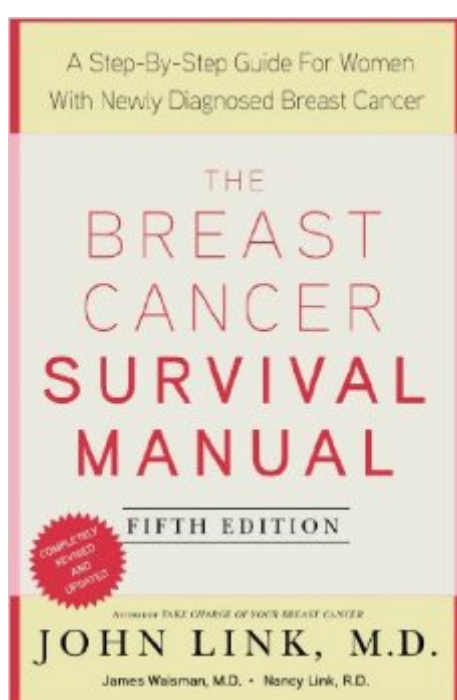


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# The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide For Women With Newly Diagnosed Breast Cancer



## Synopsis

The updated edition of the essential resource for the 250,000 women diagnosed with breast cancer each year. Breast cancer is the leading cause of death in women from thirty-five to fifty-four years of age, and few things are as terrifying and confusing as a diagnosis of this disease. The fifth edition of *The Breast Cancer Survival Manual* is a concise, information-packed guide that is newly revised to contain all of the latest findings to help the woman facing treatment feel informed and empowered. John Link, M.D., a pioneer developer of Breastlink Medical Group in Southern California includes the most current medical advice on • Tamoxifen, Herceptin, and other chemotherapy options • The growing importance of HER2 oncogene testing • Clinical research trials under way that could broaden treatment options • The role of preventive drugs and prophylactic mastectomy for those with high genetic risk • Sentinel lymph node sampling, a method of local control soon to become standard. Of course, all of the basic information included in the previous editions • the nature and biology of breast cancer, choosing a treatment team, managing side effects, and optimizing medication • are here as well, making this the best book of its kind on the market.

## Book Information

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## Customer Reviews

When diagnosed with breast cancer, it is all a mystery - like landing on another planet with another language. Let this book be your translator. Dr. Link, Nancy Link, R.D. and Dr. Waisman translate the pathology report, staging, tumor size, chemo into easily understandable language in a page-turner of a book that answers questions and guides you through diagnosis - treatment - and recovery. The book is not bogged down in detail and complexity like many others. Buying this book was the best

thing I did when I got diagnosed. It's a comfort to have. I would have been lost without it.

As the husband of a woman going through breast cancer, I highly recommend this book. The Breast Cancer Survival Manual 5th Edition has the latest available information, explains in lay terms what all the medical jargon means, what options we have, and how to take charge. It made my wife (and, not-so-coincidentally, me) feel less like a victim and more like a partner in her treatment. The book guides you through breast cancer from diagnosis, through treatment and beyond. After several people recommended the book, we bought and read it and then we chose Dr. Link as our oncologist - a great choice.

When diagnosed with invasive breast cancer I wanted to get as much reliable information as possible to help me understand the disease, the medical language and the treatment options. This book is extremely informative, factual and well written. Dr. Link updates his "survival manual" frequently so the information is current and relevant. I have read and re-read most chapters. It has become my go-to-book as I progress from breast cancer patient to breast cancer survivor. I highly recommend it to any woman newly diagnosed with breast cancer.

Once I received the news that I had Breast Cancer, my plastic surgeon recommended I go meet Dr Link at Breastlink in Orange. My husband and I drove up there from San Diego. Dr Link made time to meet with us and answered all our questions. We bought his book after our appointment with him. I had a full year of chemo under Dr. Link's care, and it wasn't as bad as I thought. EVERYONE at Breastlink was so kind, compassionate, and helpful. It was a blessing for me to be in such a positive environment with such caring EXPERTS on Breast Cancer!! Dr. Link's book helped me and I recommend it to anyone who needs answers about breast cancer! I am a huge fan of Dr Link's books! He can answer your questions and get you back on track before, during, and after breast cancer...Thank you for this great book and for your incredible skill as my Oncologist!

This is a book nobody WANTS to have to read, but it presents much of the information we need to know, when dealing with a new diagnosis of this beastie. I found the section on interpreting the pathology report especially helpful, but all of it is helpful in understanding the terminology and techniques that doctors will use in talking about breast cancer, and written in an easy-for-a-layperson-to-understand style. While specific treatments may change, requiring frequent updates of the book and reference to other materials, it's still an invaluable resource for an

overview.

When you or a loved one is diagnosed, THAT is the book to have at your side. In this battle, you must be your own advocate. You need a calm and clear idea of what resources are available, what questions to ask, clear understanding of what your status and results mean, and a path to help guide you through the battle. They say that you are not alone, but you are the one that must travel this journey. No one, even a sister survivor, knows what your journey is. Do not be afraid to speak up for yourself with loved ones, care givers, and medical professionals. You are in a battle for your life. Get the information you need to make your choices. This book should be issued by your health care professional the day you are diagnosed.

This book is great! When I discovered I had a second and different kind of Breast Cancer called Triple Negative I went looking for information. I didn't want to be a clueless patient like I had been the first time. I wanted to be armed with the facts when I met with my Oncologist so I could be a part of the decision making. I feel I got the treatments I required because of what I learned by reading Dr. Links book.

Dr. John Link is one of the top breast cancer doctors in the world. I know because I researched him before my wife chose him for her oncologist. His book is a must read for newly diagnosed breast cancer patients. Although my wife has been cancer free for a number of years I purchased the book so we could stay on top of the progress that has been made in breast cancer research.

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